

## When life is too much to handle

### God helps those who come to him

Isaiah 57:15-21

God is transcendent but also immanent.

God blesses the contrite and humble.

Our suffering is not hard to explain, God's mercy is.

Malachi 3:6

### God *always* give us more than we can handle

God never promised to never give you more than you can handle.

1 Corinthians 10:13

God promised you can do his will in his strength.

Philippians 4:11-13

God promised to always be with us.

Matthew 28:20